



REHABILITATIVE & COMMUNITY SUPPORT (RCS)

WHAT IS RCS?

RCS provides in-home community support service that helps youth with autism and developmental and intellectual disabilities and their families develop prosocial, safe behaviors and activities for daily living. RCS focuses on skill development and also includes a therapy component.

WHO IS ELIGIBLE?

Children and youth up to age 21 with [MaineCare](#) (or those under age 19 with MaineCare's [Katie Beckett waiver option](#)) living with autism, cognitive impairments, or developmental and intellectual disabilities who need assistance in developing everyday functioning skills.

Youth and caregivers both participate in treatment. The number of weekly hours is determined through an assessment, and averages 17 hours of work with the family per week.

HOW DOES RCS HELP?

A behavioral health professional will work with the youth and family members in the home and community settings. RCS services can help teach, remind, and support youth to:

- Ask for the things they need and want
- Be patient with themselves and others
- Be safe with themselves and others
- Learn selfcare skills like brushing teeth, using the bathroom, washing up, and dressing
- Learn social rules like looking both ways before crossing a street, waiting in line, and taking turns when playing games or talking
- Interact with their family, friends, and community
- RCS also supports caregivers in learning and using skills that work for the youth

RCS helps families to:

- Learn and use the treatment interventions when supports are not in the home
- Provide feedback to the treatment team about the youth's needs, behaviors, routines, etc.

HOW TO ACCESS RCS

For more information about RCS visit the [Children's Behavioral Health website](#) or scan the QR code.

A case manager or other provider can help apply for RCS services through the [statewide referral process](#). If your child is eligible, [KEPRO](#) will match you with a provider.

If you do not have [a case manager](#), contact the [CBHS Family Information Specialist](#) or a local [Family Support Organization](#) for assistance.



“RCS helped my brother and me get along and now we have fun playing together.”

-Sibling of RCS youth participant